Disc Golf

Basic Play

Adapted from www.discgolfassoc.com

Process. Tees (posts with signs) are numbered 1-9 or 1-18. Players throw discs from tees to corresponding holes (metal baskets) as they proceed along the course.

Scoring. Disc golf is played like ball golf using a flying disc. One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score.

Tee Throws. Throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

Lie. The spot where the previous throw has landed. Mark with a mini disc or turn over the thrown disc.

Throwing Order. The player with the least amount of throws on the

previous hole is the first to tee off on the next hole. After teeing off, the player whose disc is farthest from the hole always throws first.

Water Tank

Fairway throws. Throws must be made with the foot closest to

the hole on the lie. The other foot may be no closer to the hole. A run-up and normal follow-through, after release, is allowed.

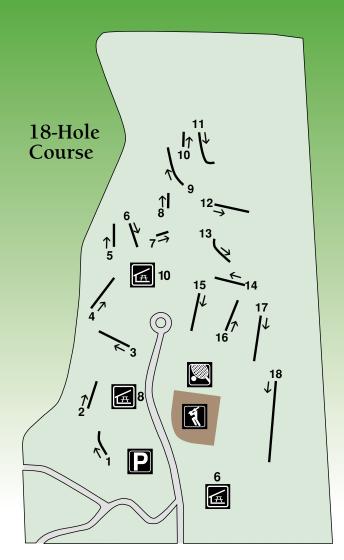
Completion of Hole. A disc that comes to rest in the basket constitutes successful completion of that hole.

Course Courtesy. Please pick up trash and help new players play by the rules. You are the one that makes it work. Remember the most important rule: The one who had the most fun wins!

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9-Hole Course





For Park & Trail Information

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